

B.Ed. ELECTIVE COURSE IV

GUIDANCE AND COUNSELLING

OBJECTIVES:

At the end of the course, the student- teachers will be able to

- To recall the principles underlying guidance
- To recognize the need of guidance and counselling in schools
- To describe the different services in the school guidance programme
- To acquire the skills necessary to administer and interpret standardized tools
- To know the qualities required for a good counsellor

UNIT-I Guidance

Guidance- Meaning, Definitions, Aims, Nature, Principles and Needs. Types- Educational, Vocational, Personal, Social- Relationship between guidance and Counselling - Benefits- Limitations

UNIT-II Counselling

Counselling- Meaning, Definitions, Elements-Characteristics – Objectives – Need – Types: Directive Counselling, Non-Directive Counselling, Eclectic Counselling – Meaning, Characteristics, Steps, Advantages, Limitations – Difference between Counselling and Guidance.

UNIT-III Guidance Movement in India

History of guidance movement in India – Problems of guidance movement in India – Ways to improve guidance movement in India.

UNIT-IV Qualities of a Counsellor

Counsellor – Qualities – Functions- Professional Ethics- Difference between Counsellor and Teacher.

UNIT-V Group Guidance and Group Counselling

Group guidance – Meaning, Definition, Objectives, Problems, Significance – Techniques, Uses. Group counselling – Meaning, Requirements - Uses.

UNIT – VI Theories of Vocational Choice

Theories of Vocational Choice – Ginzberg, Super, Holland, Havighurst, Structural theory

UNIT –VII Non –Testing Devices in Guidance

Non-testing devices in guidance: Observation – Cumulative record, Anecdotal record, Case study, Autobiography, Rating Scale, Sociometry etc.

UNIT-VIII Testing Devices in Guidance

Testing devices in guidance-Meaning, Definition, Measurement, Uses of psychological tests: Intelligence tests – Aptitude tests- Personality Inventories- Attitude scales – Achievement tests – Creativity tests -Mental health – frustration-conflict.

UNIT- IX Guidance Services in Schools

Guidance services at different school levels–Meaning, Significance, Types – Organisation of Guidance services in schools – Role of guidance personnel – Career and Occupational Information – sources, gathering, filing, dissemination- Career Corner- Career Conference.

UNIT X Guidance for Exceptional Children

Guidance for Exceptional Children- Meaning and Types. Guidance for gifted, backward, mentally retarded, orthopaedically handicapped, visually impaired, deaf and dumb, juvenile delinquents.

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